

Fuquay-Varina Middle School Basketball

2016-2017 Season

Basketball informational meeting

September 21, 2016

3:00 – 3:30pm in Rm 5116

Tryout Checklist:

- 1) Read this entire page.
- 2) Turn in physical to Ms. Umphrey – football players have already taken care of this.
- 3) 8th grade tryout participants, ensure you are eligible for fall sports by seeing Ms. Phillips in Student Services

HOW DO I MAKE THE BASKETBALL TEAM HERE AT FVMS? These are the major things we take into consideration:

- Academics—grades (B's or better is the goal), behavior, effort, attendance, being on time to class.
- Coachable— you must be willing to be coached and include the following attributes: listening skills, effort, desire, and mental and physical toughness.
- Basketball Skills, Athletic Ability, and Potential—your abilities to play basketball and your ability/willingness to become a great teammate; specifically, players must be able to handle the ball effectively, shoot the ball efficiently, and have a general understanding of the game of basketball.

****Tryouts are currently slated for Monday, November 14th-16th from 3:15 p.m. – 5:00 p.m.****

At the conclusion of Wednesday's tryout we will make final cuts
Thursday, November 17th and Friday, November 18th will likely be the first two days of practices for all teams; however, **November 18th is scheduled as our annual BasketBrawl fundraiser in which ALL players are expected to participate and attend.**

****All players should wear a light colored shirt with their last name written (in dark ink) on the back.**

Tryout Policies/Procedures

Unfortunately Boys' Basketball is a sport where cuts are made. Anyone that chooses to try out for boys' basketball will be given numerous opportunities to show their abilities as basketball players. Players will be evaluated by the coaching staff in areas that include academics, character, attitude, basketball ability, athletic ability and basketball potential, willingness to buy into team needs over everything else, and desire and determination. .

Practice schedules

Practices will be held immediately after school every day unless there is an early release day or holiday. Practices will be scheduled to end by 4:45 p.m., not exceeding 5:00 p.m. Rides must be arranged ahead of time and players must be picked up **immediately** after practice. Players who do not follow this policy will be subject to discipline and may lead to termination from the team. Players are expected to attend all practices for the entire duration of practice. Players who miss practice and/or leave early will be subject to loss of playing time.

Managers

Team managers are an extremely important part of the team. Those desiring to be managers for FVMS Basketball must understand their roles are vital to the success of the team. As a manager, you will be held to the same standard as our basketball players. Academics are an essential component to what we do and those must be maintained before and during the basketball season.